* **Any player who is sick should not train or play**.
* **Anyone that has been for a test is to remain in self isolation until their results have been received**, to not attend training or games until the results come back negative & **informing they no longer need to self-isolate (always follow the guidance of GP / Health Authorities.**



**COVID-19 SAFETY PLAN**

CHURCHES FOOTBALL ASSOCATION (CFA SYDNEY)

CLUB NAME

|  |  |
| --- | --- |
| **Association** | Churches Football Association Sydney |
| **Association Covid 19 Safety Co Ordinator** | Matthew Whybrow |
| **Contact Email** | [mwhybrow@bigpond.net.au](mailto:mwhybrow@bigpond.net.au) |
| **Contact Mobile** | 0422 9777 283 |
| **Club Name** | Guildford McCredie |
| **Ground Location** | Granville Park |
| **Ground Address** | Merrylands Rd., Merrylands |
| **Club President or Secretary Name & Signature:** | Greg Wark |
| **Club President or Secretary Contact Email** | gmusoccer@optusnet.com.au |
| **Club President or Secretary Contact Mobile Number** |  |
| **Club Covid 19 Safety Coordinator Name & Signature** | Greg Wark |
| **Club Covid 19 Safety Coordinator Contact Email** | gmusoccer@optusnet.com.au |
| **Club Covid 19 Safety Coordinator Contact Mobile Number** |  |
| **Version** | 1 |
| **Greg Wark is responsible for this document** | |

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1. Introduction

The purpose of this COVID-19 Safety Plan (**Plan**) is to provide an overarching plan for the implementation and management of procedures by Guildford McCredie CFA Sydney] and its members and participants in the staged resumption of community sport and club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of CFA Sydney / Guildford McCredie, any facilities it controls, the playing/training behaviour of all members and participants and the monitoring and reporting of the health of attendees at CFA Sydney / Guildford McCredie facilities.

This Plan includes, but is not limited to, the conduct of:

* 1. staged training and competition activities (sport operations); and
  2. facility management and supporting operations (facility operations).

At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

1. Key Principles

This Plan is based on, and accepts, the AIS [Framework for Rebooting Sport in a COVID-19 Environment](https://ais.gov.au/__data/assets/pdf_file/0006/730374/35845_AIS-Framework-for-Rebooting-Sport-Summary.pdf) (**AIS Framework**) and the [National Principles for the Resumption of Sport and Recreation Activities](https://www.health.gov.au/sites/default/files/documents/2020/05/australian-institute-of-sport-ais-framework-for-rebooting-sport-in-a-covid-19-environment.pdf) (**National Principles**).

The Plan also accepts as key principles that:

* The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
* Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on CFA Sydney / Guildford McCredie’s return to sport plans;
* Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
* Training cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
* At every stage of the return to sport process CFA Sydney / Guildford McCredie must consider and apply all applicable State and Territory Government and local restrictions and regulations. CFA Sydney / Guildford McCredie needs to be prepared for any localised outbreak at our facilities, within our competitions or in the local community.

1. Responsibilities under this Plan

CFA Sydney retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The Committee of CFA Sydney is responsible for overseeing each club Covid 19 Safety Coordinator implements Covid 19 Safety Plan in conjunction with their club Committee

* Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
* Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

**Covid 19 Safety Co-ordinator Responsibilities:**

* Oversee the implementation of the organisation’s return to sport
* Periodically review the effectiveness of the COVID-19 Safety Plan for your organisation and amend, update or improve as necessary.
* Advise the committee of your organisation on the effectiveness of COVID-19 Safety Plan arrangements and seek assistance where required.
* Assist your organisation (operationally) to safely ramp up activity through the three phases of the Australian government’s “Roadmap to a COVIDSafe Australia” and as permitted by the relevant State or Territory government.
* Act as the contact point for your organisation’s members and participants – particularly around questions relating to return to sport and the actions your organisation has taken to be COVIDSafe.
* During the return to training, ensure parents are not entering the field, all parents should remain in their vechiles

The Club Committee has appointed the following person as the Guildford McCredie COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan:

|  |  |
| --- | --- |
| **Club** | Guildford McCredie |
| **Name** | Greg Wark |
| **Contact Email** | gmusoccer@optusnet.com.au |
| **Contact Number** | 0499660062 |

CFA Sydney Guildford McCredie expects all members, participants, coaches, officials, administrative staff and volunteers to:

* Comply with the health directions of government and public health authorities as issued from time to time;
* Understand and act in accordance with this Plan as amended from time to time;
* Comply with any testing and precautionary measures implemented by CFA Sydney / Guildford McCredie;
* Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
* Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

1. Return to Sport Arrangements

As at the date of this Plan, participants are training at Level B, Step 1 of the AIS Framework & Level 1 of the Football NSW Guidelines.

CFA Sydney / Guildford McCredie will transition to the training activity and facility use as outlined in Level B, step 2 of the AIS Framework and the training/competition activities and facility use outlined in Level C of the AIS Framework when permitted under local restrictions and regulations.CFA Sydney will advise when these steps are to be taken

* 1. Roadmap to a COVIDSafe Australia

CFA Sydney Guildford McCredie will also comply with the Australian government’s [Roadmap to a COVIDSafe Australia](https://www.pm.gov.au/sites/default/files/files/three-step-framework-covidsafe-australia.pdf), which places limits on the type of activity that can be conducted and the number of people who can gather at facilities, notwithstanding the activities permitted by the AIS Framework (see below).

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| **AIS Activities** | **Level A:**  Training in no more than pairs. Physical distancing required. | **Level B:**  Indoor/outdoor activity. Training in small groups up to 10. Physical distancing required. | | **Level C:**  Full sporting activity (training and competition) allowed. No restriction on numbers. Contact allowed. | |
| **Roadmap Activities** | N/A | **Step 1:**  No indoor activity. Outdoor sport (up to 10 people) consistent with AIS Framework. | **Step 2:**  Indoor/outdoor sport up to 20 people. Physical distancing (density 4m2). | **Step 3:**  Venues allowed to operate with up to 100 people with physical distancing. Community sport expansion to be considered consistent with AIS Framework. | **Further steps TBC** |

1. Recovery

When public health officials determine that the outbreak has ended in the local community, CFA Sydney / Guildford McCredie will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. CFA Sydney / Guildford McCredie will also consider which protocols can remain to optimise good public and participant health.

At this time the Committee of CFA Sydney will consult with key stakeholders to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems.

# Appendix: Outline of Return to Sport Arrangements

Note – examples provided in this Appendix relate to Club operations.

LEVEL B - Training in small groups up to 10

## Part 1 – Sport Operations – Level B

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| Area | Plan Requirements (for activities under AIS Framework Level B) |
| **Approvals** | The club must obtain the following approvals to allow a return to training at Level B:   * State/Territory Government approval of the resumption of community sport. * Relaxation of public gathering restrictions to enable training to occur. * Local government/venue owner approval to training at venue, if required. * National/state sporting body/local association approval of return to training for community sport. * Club committee has approved return to training for club. * Insurance arrangements confirmed to cover training. |
| **Training Processes** | Specifics of training processes.  Refer to Checklist & Guidelines for CFA Sydney Clubs, Appendix A – Restarting Training:   * Club to emphasise AIS Framework principle of “Get in, train, get out” – arrive ready to train. * Length and scheduling of training sessions to reduce overlap. * Clearly outline nature of training permitted (e.g. small groups to train and for team meetings, equipment/skill drills able to be used, certain sport activities not permitted during Level B training, no contact including high fives/hand shaking, no socialising or group meals). * Defined training areas for each training group, maintaining base density requirement of 4 square metres per person and physical distancing (>1.5 metres). * Sanitising requirements, including use of sanitising stations. * Treatment of shared equipment (e.g. sanitise equipment before, during, after sessions) and use of such equipment to be limited. * No sharing of personal equipment. * Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing). * Guidance for travel arrangements (e.g. physical distancing on public transport, limit car pool/taxi/Uber use). * Training attendance register kept]. |
| **Personal health** | Specifics of training processes.  Refer to Checklist & Guidelines for CFA Sydney Clubs, Appendix D – Hygiene:   * Graded return to sport to avoid injury. * Advice to players, coaches, volunteers to not attend if unwell (including any signs/symptoms of cold, flu, COVID-19 or other illness). * Washing of hands prior to, during and after training and use of hand sanitiser where available. * Avoid physical greetings (i.e. hand shaking, high fives etc.). * Avoid coughing, clearing nose, spitting etc. * Launder own training uniform and wash personal equipment. |
| **Hygiene** | Specifics of training processes.  Refer to Checklist & Guidelines for CFA Sydney Clubs, Appendix D – Hygiene   * Any safe hygiene protocols distributed by national/state sporting body or local association that will be adopted by club. * Guidelines for sanitisation and cleaning, including requirements for sanitisation stations]. |
| **Communications** | Specifics of training processes.  Refer to Checklist & Guidelines for CFA Sydney Clubs, Appendix E – Communication  specifics of communications plan to be adopted by the Club in communicating to players, coaches, members, volunteers and families. Should cover:   * How club will brief players, coaches and volunteers on return to training protocols including hygiene protocols (e.g. letter, email, text/WhatsApp message, Facebook post) and reinforcement of hand washing and general hygiene etiquette. * Endorsement of government COVIDSafe app and encouragement to players, coaches, members, volunteers and families to download and use app. * How Club will promote good personal hygiene practices in and around training sessions and in Club facilities (e.g. posters in bathrooms). * How individuals can access mental health and wellbeing counselling services |

## Part 2 – Facility Operations Level B

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| **Approvals** | The Association must obtain the following approvals to allow use of club facilities at Level B:   * State/Territory Government approval of the resumption of facility operations. * Local government/venue owner approval to use of facility, if required. * Club committee has approved plan for use of club facilities. * Insurance arrangements confirmed to cover facility usage. |
| **Facilities** | Specifics of training processes.  Refer to Checklist & Guidelines for CFA Sydney Clubs, Appendix B – Restarting Training, Appendix D - Hygiene   * Parts of facilities that are available during Level B restrictions; limit to toilets and medical facilities and minimise use of communal facilities. * Hygiene and cleaning protocols. * Provision of appropriate health and safety equipment, Personal Protective Equipment (PPE) and personal hygiene cleaning solutions. |
| **Facility access** | Specifics of facility access protocols.  Refer to Checklist & Guidelines for CFA Sydney Clubs, Appendix B – Restarting Training,   * Details of any health screening measures (e.g. temperature checks etc.) prior to entry to any facilities and any privacy measures club will take to protect sensitive health information. * Restrictions on facility access to limit anyone who has:   + COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days.   + Flu-like symptoms or who is a high health risk (e.g. due to age or pre-existing health conditions).   + Travelled internationally in the previous 14 days. * How may attend the club facilities: only essential participants should attend to minimise numbers; not more than one parent/carer to attend with children; gathering numbers should not exceed government allowances (COVIDSafe Roadmap maximum gatherings: Step 1 (10 people), Step 2 (20 people), Step 3 (100 people)) * Any spectators should observe physical distancing requirements (>1.5 metres). * Detailed attendance register to be kept. |
| **Hygiene** | Specifics of hygiene protocols to ensure regular sanitisation and cleaning of club facilities.  Refer to Checklist & Guidelines for CFA Sydney Clubs, Appendix D - Hygiene   * Any safe hygiene protocols distributed by national/state sporting body or local association that will be adopted by club including:   + Availability of hand sanitiser at entry/exit points to venue and elsewhere.   + Protocols for sanitising stations, sanitising shared equipment, uniforms.   + Cleaning standards – increase regular cleans and frequent wiping of high touch surfaces.   + Displaying posters outlining relevant personal hygiene guidance.   + Avoiding shared use of equipment.   + Provide suitable rubbish bins with regular waste disposal.   + Guidelines for sanitisation and cleaning of Club facilities. |
| **Management of unwell participants** | Specific protocols to manage unwell participants at a club activity.  Refer to Checklist & Guidelines for CFA Sydney Clubs, Appendix C – What to do if someone has Covid-19   * Isolation/medical requirements for all players, members, volunteers and their families at the onset of any symptoms including club facilities that can be used to manage symptomatic participants. * Training of volunteers/club management on treatment of symptomatic participants and disinfecting of facilities used by such participants. * Notification protocols for notifying public health authorities and other attendees of symptomatic participants. |
| **Club responsibilities** | The club will oversee:  \*Implementation of the Procedures & Checklist for CFA Sydney Clubs   * Coordination of Level B field and training operations & activities, As per Appendix A * Cleaning to prevent the spread, As per Appendix B * What to do if someone has Covid 19. As per Appendix C\* * Provision and conduct of hygiene protocols as Appendix D * The capture of a record of attendance at all training and club activities and maintaining an up-to-date log of attendance. * Communicate with players, coaches, managers & spectators, As per Appendix E |

LEVEL C - Full sporting activity

## Part 1 – Sport Operations – Level

NOTE; THIS LEVEL HAS NOT YET BEEN APPROVED BY THE GOVERNMENT AND WILL BE LOOKED AT WHEN THESE DETAILS ARE RELEASED

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| Plan Requirements (for activities under AIS Framework Level C) |
| The club must obtain the following approvals to allow a return to training/competition at Level C:   * Relaxation of public gathering restrictions to enable training to occur. * Local government/venue owner approval to training/competition at venue, if required. * National/state sporting body/local association approval to return to training/competition for community sport. * Club committee has approved return to competition for club. * Insurance arrangements confirmed to cover competition. |
| [Club to detail specifics of training/competition processes. Should cover:   * AIS Framework principles – full sporting activity that can be conducted in groups of any size (subject to COVIDSafe Roadmap) including full contact. * For larger team sports, consider maintaining some small group separation at training. * Limit unnecessary social gatherings. * Clearly outline nature of training permitted. * Access to treatment from support staff. * Sanitising requirements continue from Level B. * Treatment of shared equipment continues from Level B. * Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing). * Training/playing attendance register kept]. |
| [Club to detail specifics of personal health protocols. Should cover:   * Requirements continue from Level B]. |
| [Club to detail specifics of hygiene protocols to support training/playing. Should cover:   * Hygiene and cleaning measures to continue from Level B]. |
| [Club to detail specifics of communications plan to be adopted by the Club. Should cover:   * How Club will brief players, coaches, members, volunteers and families on Level C protocols including hygiene protocols (e.g. letter, email, text/WhatsApp message, Facebook post) and reinforcement of hand washing and general hygiene etiquette. * Continued endorsement of government COVIDSafe app and encouragement to players, coaches, members, volunteers and families to download and use app. * How individuals can access mental health and wellbeing counselling services]. |

## Part 2 – Facility Operations Level C

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| Plan Requirements (for activities under AIS Framework Level C) |
| The Association must obtain the following approvals to allow use of club facilities at Level C:   * State/Territory Government approval of the resumption of facility operations. * Local government has given approval to use of facility, if required. * Club committee has approved plan for use of club facilities. * Insurance arrangements confirmed to cover facility usage. |
| Detail specifics of how facilities should operate. Should cover:   * Return to full use of Club facilities. * Hygiene and cleaning protocols measures as per Level B. * Provision of appropriate health and safety equipment, Personal Protective Equipment (PPE) and personal hygiene cleaning solutions as per Level B]. |
| Detail specifics of facility access protocols. Should cover:   * Continue Level B protocols as appropriate. * Who may attend the club facilities: gathering numbers should not exceed government allowances (COVIDSafe Roadmap maximum gatherings: Step 1 (10 people), Step 2 (20 people), Step 3 (100 people)). * Any spectators should observe physical distancing requirements (>1.5 metres) and density requirements (one person per 4 square metres). * Managed access including separate entry/exit points, managed traffic flows, stagger arrival/departure times. * Non-essential personnel to be discouraged from entering change rooms. * Physical distancing protocols including use of zones in clubrooms, change rooms, bar/canteen including by use of physical zone indicators. * Bar/canteen operations to include food and cash handling protocols, hygiene and cleaning measures and established zones. * General advice on physical distancing in club facilities including discouraging face to face meetings where possible, restricting site visitors, deferring or splitting up large meetings. * Detailed attendance register to be kept]. |
| Detail specifics of hygiene protocols to support use of club facilities. Should cover:   * Continue hygiene and cleaning measures as per Level B]. |
| Detail specifics of protocols to manage unwell participants at a club activity. Should cover:   * Measures as per Level B]. |
| As per Level B. |